



GAAM WELLNESS

IBIZA PRIVATE WELLNESS ATELIER

Bespoke luxury wellness, seamlessly brought to your villa, yacht or hotel,
transforming your space into a private sanctuary of refined wellbeing.

IBIZA SIGNATURE WELLNESS EXPERIENCES

Curated wellness experiences designed to reconnect body, mind and energy within the unique magnetic atmosphere of Ibiza.

Ibiza Sound Healing

An immersive sound journey using harmonic frequencies and sacred instruments to calm the mind and restore a deep sense of energetic balance.

90 min €240

Morning Reset Yoga

A gentle flow of breath and movements to awaken the body, expand the breath and create a clear, focused state for the day ahead.

90 min €220

Shamanic Breathwork

A powerful guided breathwork journey inspired by ancient shamanic traditions, encouraging emotional release and deep inner reconnection.

90 min €220

Sacred Union Ceremony

A deeply immersive private cacao ceremony designed for couples, combining breathwork, sound healing and a conscious heart-led connection.

120 min €370 per couple

Ice Bath Recovery

A revitalising cold immersion ritual combined with guided breathwork techniques to enhance resilience, boost vitality and sharpen mental clarity.

60 min €240

ENERGY & SOUND HEALING JOURNEYS

Holistic therapies designed to realign energy, dissolve tension and guide the body into a state of deep relaxation and complete stillness.

Es Vedra Sound Journey

An immersive sound experience inspired by the mystical energy of Es Vedra, using crystal bowls and vibration frequencies to create a profound sense of harmony.

90 min €260

Tagomago Energy Reset

A gentle yet powerful session combining Reiki and crystal therapy to rebalance energy, soothe the nervous system and restore clarity and emotional ease.

75 min €240

Cabrera Emotional Release

Therapeutic bodywork focused on releasing stored emotional tension allowing the body to soften, unwind and return to a natural state of energetic flow.

90 min €240

Atlantis Crystal Ritual

A deeply relaxing crystal therapy designed to clear energetic blockages and harmonise the energy field and promote a lasting sense of balance and well-being.

90 min €250

Mediterranean Glow Treatment

A luxurious body exfoliation followed by a flowing massage, leaving the skin silky smooth, radiant and deeply nourished.

90 min €220

BALEARIC LUXURY RITUALS

Signature spa rituals inspired by the landscapes, aromas and serene essence of the Balearic Islands.

Ibiza Sunset Ritual

A deeply relaxing massage inspired by Ibiza's magical sunsets, combining flowing techniques, Thai stretches and aromatic oils.

90 min €220

Formentera Experience

A serene couples treatment designed to create a shared moment of calm and connection and presence, inspired by the tranquil spirit of Formentera.

90 min €380 per couple

Mallorca Detox Therapy

A revitalising body treatment combining lymphatic drainage and mudotherapy, to stimulate circulation and leaving the body feeling light, sculpted and renewed.

90 min €220

Menorca Stone Relaxation

A deeply soothing therapy combining warm volcanic stones and slow, rhythmic massage techniques to restore a profound sense of physical ease.

90 min €220

+ Additional guest €70



SIGNATURE MASSAGE COLLECTION

A refined collection of massage therapies designed to release tension, rebalance the body and induce deep relaxation.

GAAM Signature Massage

A bespoke massage combining flowing techniques and therapeutic pressure, releasing tension while restoring a natural sense of harmony and overall well-being.

60 min	€130
90 min	€190

Deep Tissue Bodywork

A targeted deep-tissue massage working into deeper muscle layers to release chronic tension, improve mobility and restore physical performance.

60 min	€140
90 min	€200

Mediterranean Relax Massage

Inspired by Mediterranean wellness traditions, this soothing massage uses slow, rhythmic movements to calm the body and quiet the mind.

60 min	€130
90 min	€190

CBD Recovery Massage

A restorative massage using CBD oil to soothe the nervous system, ease muscular tension and support recovery.

60 min	€145
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Brazilian Lymphatic Drainage

A sculpting lymphatic treatment designed to stimulate circulation and reduce fluid retention.

75 min	€160
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Lomi Lomi Massage

A flowing Hawaiian massage using continuous, wave-like movements to create deep relaxation and reconnect body and mind.

90 min	€190
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ADVANCED THERAPEUTIC BODYWORK

Advanced therapeutic techniques designed to restore structural balance, support recovery and optimise overall body function.

Osteopathy Therapy

A specialised manual therapy focused on restoring structural alignment, relieving deep tension and enhancing the body's natural function.

60 min	€150
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Sports Recovery Massage

A performance-focused treatment designed to accelerate muscular recovery, reduce fatigue and release deep physical tension.

60 min	€145
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Craniosacral Therapy

A subtle yet powerful therapy working with the nervous system to release restrictions and induce a profound state of relaxation.

60 min	€140
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Myofascial Release

Targeted techniques that work deeply into the fascia to release restrictions, improve mobility and restore fluid movement.

60 min	€145
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Cupping Therapy

An ancient therapy using suction cups to stimulate circulation, detoxify tissue and relieve muscular tension.

60 min	€145
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Reflexology Therapy

A therapeutic foot treatment applying precise pressure techniques to stimulate reflex points, improve circulation and support overall balance.

60 min	€140
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Metal Sculpting Therapy

An advanced body sculpting treatment designed to stimulate circulation, redefine contours and tone the tissues.

90 min	€220
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SIGNATURE
TREATMENT SELECTION

Create a personalised wellness experience tailored to your needs, combining your preferred massage with carefully selected therapeutic enhancements.

Select your massage

- GAAM Signature
- Deep Tissue Massage
- Brazilian Lymphatic Drainage
- CBD Recovery

Select your enhancement

- Osteopathy Therapy
- Thai Temple Massage
- Head & Scalp Massage
- Reflexology Therapy
- Reiki Energy Balance
- Cupping Therapy
- Aromatherapy
- Sound Healing
- Breathwork

90 min €220
120 min €280

ASIAN
HEALING THERAPIES

Traditional Eastern healing rituals designed to restore energetic flow, rebalance the body and induce profound relaxation.

Thai Temple Massage

A traditional Thai therapy combining assisted stretching and pressure techniques to release tension and improve flexibility.

90 min €220

Ayurvedic Abhyanga

A deeply nourishing ritual using warm herbal oils, rooted in Ayurvedic tradition, designed to restore balance and calm the nervous system.

60 min €145

Shiatsu Energy Therapy

A traditional Japanese therapy using rhythmic pressure along energy meridians to stimulate vitality and restore energetic flow.

60 min €145

Acupuncture & Acupressure

Ancient Eastern techniques designed to stimulate the body's natural healing processes, restore energy flow and support overall wellbeing.

60 min €145





GAAM PRIVATE WELLNESS ATELIER

In-Villa Wellness. Movement & Longevity

Bespoke movement sessions designed to restore strength, balance and vitality, delivered in the comfort of your villa and on board yacht.

Private Yoga Practice

Tailored yoga sessions including Hatha, Vinyasa, Ashtanga, Iyengar, Kundalini, Shamanic or therapeutic yoga.

60 min €130 / €140

Pilates Core Alignment

Mat or Reformer Pilates sessions focused on strengthening the core and improving posture.

60 min • Mat €130

60 min • Reformer €180

Private Fitness Coaching

A dynamic training session designed to build strength, refine performance and elevate energy levels.

Delivered in your private villa gym or seamlessly adapted with professional equipment provided on-site.

60 min €140

Mobility & Stretching Session

A guided session combining mobility work and stretching techniques to release tension, improve flexibility and support fluid movement.

60 min €135

Sunrise Wellness Session

An energising morning session designed to awaken the body, activate energy and bring clarity for the day ahead.

60 min €145

Aquatic Body Reset

Water-based session designed to be performed in your private villa pool, combining gentle resistance, mobility and breathwork to ease tension, boost circulation and create a sense of lightness throughout the body.

60 min €145

+ Additional Guest €70

YOUNG WELLNESS EXPERIENCES

Fun and engaging activities designed for children and teenagers to enjoy memorable moments during their stay in Ibiza.

For Children

Mini Spa Moment

A playful wellness experience including a gentle massage and relaxation moment designed especially for children.

60 min €125

Dance & Movement Session

Fun dance activities including hip-hop, belly dance or creative movement designed to encourage expression and confidence.

60 min €125

Swimming Lesson

A supportive swimming session designed to build confidence and improve their skills in the water.

60 min €125

For Teenagers

Teen Fitness & Movement

A dynamic session combining stretching, mobility and energising movement to keep teenagers active and balanced.

60 min €130

Teen Pool Fitness

An engaging pool-based fitness session combining water exercises and fun movement.

60 min €130

Teen Express Facial & Nail Colour

A quick beauty moment including an express facial and nail colour refresh designed for teenagers.

40 min €160

+ Additional child / teen €60

IV VITAMIN THERAPY & CELLULAR BOOST

Medical-Grade advanced vitamin infusion therapies designed to restore hydration, boost energy and support the immune system.

Energy Recharge Infusion

A revitalising infusion designed to restore hydration and energy levels after travel, stress or long days.

..... €350

Post-Party Recovery Ibiza

Rapid recovery therapy designed to restore balance after late nights, celebrations or intense activity.

..... €370

Immune Defence Infusion

A powerful vitamin infusion supporting the immune system and strengthening the body's natural defences.

..... €370

+ NAD+ Cellular Boost Add-On

An advanced anti-ageing infusion designed to support cellular regeneration and vitality.

..... €200





RADIANCE & SKIN RITUALS

Advanced facial treatments designed to revitalise skin, boost hydration and reveal a naturally radiant complexion.

Signature Balance Facial

A personalised cleansing facial adapted to your skin's condition, combining deep purification, gentle exfoliation and hydration to rebalance and refresh the complexion.

60 min €230

Crystal Hydration Facial

An intensive hydration facial ideal for dehydrated or dull skin, designed to replenish moisture levels, restore comfort and leave the complexion smooth, plump and radiant.

60 min €220

Pure Detox Facial

A deep-cleansing facial designed to purify the skin, open and cleanse pores, and refine texture, leaving the complexion clear, balanced and refreshed.

60 min €220

After Sun Recovery Facial

A soothing facial designed for skin exposed to the blazing sun, ideal after long days on the beach and yacht. It helps calm sensitivity, reduce redness and deeply rehydrate the skin, restoring comfort and fresh, radiant glow.

60 min €230

ADVANCED SKIN REJUVENATION

High-performance treatments designed to stimulate regeneration, refine skin quality and deliver visible results.

Ayuna Eco-Luxury Well-Aging Facial

An eco-luxury skincare ritual designed to support skin regeneration, improve firmness and enhance natural radiance through advanced botanical formulations.

60 min €240

Micro-Needling Skin Renewal

An advanced collagen-stimulating treatment designed to improve skin texture, refine pores and support natural cellular renewal.

60 min €390

EGF Cellular Regeneration Treatment

A cutting-edge regenerative therapy designed to activate cellular renewal, boost collagen production and visibly revitalise skin.

60 min €490

FACIALS SCULPTING & LIFTING

Manual lifting techniques designed to tone facial muscles, stimulate circulation and naturally redefine facial contours.

Brazilian Sculpting Facial

A sculpting lifting technique using deep, rhythmic massage movements to tone facial muscles, stimulate lymphatic drainage and redefine natural contours.

60 min €220

Kobido & Facial Acupuncture Ceremony

Refined Japanese lifting techniques combined with facial acupuncture to stimulate energy flow, improve circulation and revitalise the complexion.

60 min €220

Gua Sha & Facial Cupping

A sculpting facial technique using gua sha and facial cupping to stimulate circulation, release tension and enhance natural radiance.

60 min €210

Vietnamese Facial Reflex Therapy

A unique facial reflexology technique stimulating energetic points to relax the nervous system and restore inner balance.

60 min €200

+ Advanced Skincare Add-on

Optional application of high-performance skincare to complement the treatment and elevate visible results.

..... €90



HAIR STYLING & MAKEUP

Luxury hair styling and makeup services in Ibiza, delivered directly to your villa, yacht, hotel and private location. Designed for beach days, sunset moments and elegant evenings, creating an effortless look from day to night.

Hair Styling

Blow Dry

Smooth movement and natural volume, perfectly styled for a day to evening.

Short / Medium Hair €130

Long Hair €150

Hair Up / Event Styling

Elegant styling for special occasions and evening plans.

..... €150

Hollywood Waves

Soft, sculpted waves with a timeless, glamorous look.

..... €150

Ibiza Braids

Relaxed, textured braids with a natural bohemian feel, perfect for beach and boat days.

from €140

Haircut & Styling

Precision haircut with a refined, personalised result.

..... €140

Hair Colour & Extensions

Full Colour / Root Touch-Up

Rich tone and shine for a fresh, polished look.

..... €140 / €120

Balayage / Highlights

Natural, sun-kissed tones inspired by Ibiza light, enhancing dimension and creating a luminous, refined finish.

..... Pricing upon request

Hair Extensions Application

Adding length and volume for a natural, polished result.

..... Pricing upon request

+ Extensions Removal €140

Hair Treatments

Hair Botox Treatment

Repair, smoothness and shine, ideal after sun and sea exposure.

..... €180

Keratin Treatment

Smoothing treatment reducing frizz and enhancing shine.

..... Pricing upon request

+ Conditioning Add-On

Deep hydration and softness for sun exposed hair.

..... €120

Makeup

Day Makeup

Fresh, luminous and effortless for beach days and daytime plans.

..... €130

Evening Makeup

Elegant makeup designed for dinners, sunset moments and evenings out.

..... €140

Glam Makeup

A high-impact, radiant makeup look designed for parties, celebrations and unforgettable Ibiza nights.

..... €140

GENTLEMAN GROOMING

Refined grooming treatments designed to restore vitality and confidence and a polished appearance for the modern gentleman.

The King's Facial

A revitalising facial tailored to men's skin, designed to deeply cleanse, hydrate and restore a healthy, energised appearance.

60 min €220

Hair & Beard Grooming

Precision haircut combined with expert beard shaping and professional styling for a refined and polished look.

..... €200

Master Barber Shave

A traditional hot towel shaving ritual designed to soften skin, refine the beard and deliver an exceptionally smooth, precise and deeply relaxing finish.

45 min €180

Gentleman Grooming Ritual

An elevated grooming experience combining precision haircut and expert beard shaping, enhanced with hot towels for ultimate comfort and a refined, polished finish.

90 min €280





NAIL CARE

Refined manicure and pedicure treatments designed to enhance natural beauty with precision and elegance.

Classic Manicure

Shaping, cuticle care and gentle exfoliation for a clean, natural look.

€90

Classic Pedicure

Foot care with exfoliation and hydration, restoring softness and comfort.

€100

Advanced Pedicure & Callus Care

Deep exfoliating pedicure removing hard skin and restoring comfort.

€180

Gel Manicure

Long-lasting gel polish with a high-shine finish.

€110

Gel Pedicure

Durable gel polish ideal for a flawless beach look.

€120

Russian Manicure

Precision manicure technique creating an ultra-clean cuticle finish.

€130

HAIR REMOVAL & THREADING

Professional hair removal using warm wax, cold wax and precision threading techniques for smooth and refined skin.

Women:

Bikini Line	€80
Brazilian Bikini	€70
Full Legs	€75
Underarms	€60
Upper Lip	€50

Men:

Chest & Abdomen	€70
Back & Shoulders	€75
Full Legs	€85
Arms	€60

Nail Extensions

Acrylic Nail Extensions

Sculpted nail extensions creating elegant length and structure.

€210

Gel Nail Extensions

Lightweight sculpted extensions with a natural flexible finish.

€200

Builder Gel / BIAB Manicure

Strengthening gel manicure designed to reinforce natural nails.

€210

Press-On Nails

Custom - designed ready-to-wear nails for an instant, polished look.

€190

* Gel-Extension Removal €30-50

* Nail Design Add-on

French - Chrome - Glazed - Custom Design
Creative nail styling tailored to your look.

from €30

LASH & BROW DESIGN

Professional treatments designed to enhance the eyes and define natural beauty.

Classic Lash Extensions

Individual lash extensions creating natural length and elegant definition.

Full Set	€220
Infills	€200

Russian Volume Lash Extensions (2D-6D)

Multi-volume lash technique creating fuller and more dramatic lashes.

Full Set	€230
Infills	€210

Lash Lift & Tint

A lifting and tinting treatment enhancing the natural lashes.

€150

Eyebrow Threading & Tint

Precise brow shaping combined with colour definition.

€140

Brow Lamination

A treatment designed to lift, shape and define the natural brows.

€160

+ Lash Removal €80

Micropigmentation

Brows - Eyeliner - Lips

Semi-permanent treatment enhancing natural features with soft, long-lasting definition.

Pricing upon request





IBIZA VILLA GROUP WELLNESS EXPERIENCES

Transform your villa, yacht or private setting into a luxury spa experience, where every moment becomes one of relaxation, connection and refined comfort meets.



Ibiza Sunset Sound & Massage Ceremony

Flowing massage and sound healing come together in the golden light of Ibiza, creating a deeply relaxing and immersive group atmosphere.

A shared moment to unwind, soften and connect as the day turns into evening.

After beach days, yacht outings or before dinner.

Duration 2-3 hours



Ibiza Sculpt & Glow Experience

Facial radiance and sculpting body treatments unfold together in a dynamic group flow, creating a visible, luminous transformation.

An energising experience that leaves the body refined and the skin glowing.

Before events, beach clubs or a night out.

Duration 3-5 hours



Ibiza Voice, Sound & Meditation Ritual

A guided group experience combining breathwork, vocal expression, mantra and sound healing, creating a shared sense of connection and presence.

A soft and immersive journey where the group opens, releases and reconnects together.

After a night out, slow mornings or recovery days.

Duration 2 hours



Bridal Beauty Preparation

A beautifully curated moment of preparation, where hair, makeup and refined beauty care unfold in a calm, elegant atmosphere.

A time to pause and step into the moment with ease.

Wedding mornings, hen parties and shared preparations.

Duration 2-3 hours



Ibiza Cacao, Sound & Meditation Ceremony

A shared ceremonial experience combining cacao, guided meditation and sound healing, creating a warm and connective group atmosphere.

A moment to slow down, open and experience together.

Sunset gatherings or special group moments.

Duration 2-2.5 hours



Ibiza Ice & Fire Reset Experience

A dynamic group experience combining guided breathwork, cold immersion and warming body rituals, creating a powerful contrast of energy and release.

A shared moment that awakens the body, clears the mind and leaves a lasting sense of strength and vitality.

After long nights, intense days or as a powerful group reset.

Duration 2 hours



Where luxury, atmosphere and experience come together. Tailored to your group of 4-12 guests - Pricing upon request

All prices are displayed without VAT.

BOOKING CONDITIONS & CANCELLATION POLICY

At GAAM Wellness, we provide an exclusive luxury wellness experience in the comfort of your villa, aboard your yacht, or in your preferred setting.

To ensure seamless service, please review our booking policies.

Luxury wellness services delivered to your villa, yacht, or hotel in Ibiza.

Service Hours

Standard hours: 9:00 AM – 9:00 PM

Early morning & evening (7:00 AM – 9:00 AM / 9:00 PM – 12:00 AM): 30% surcharge.

After midnight: services are charged at double rate.

Reservations

July & August: full payment required to secure the booking.

Rest of the year: 50% deposit required.

All bookings must be secured with a valid credit card.

Arrival & Waiting Time Our highly skilled and qualified therapists will arrive approximately 15 minutes prior to your scheduled appointment to ensure a seamless and punctual service experience.

After a 20-minute delay: an additional 30-minute fee will be charged.

After a 45-minute delay: the full treatment will be charged.

Cancellation Policy

July & August: cancellations within 72 hours are charged in full.

Rest of the year: cancellations within 24 hours are charged in full.

Same-day bookings: cancellations within 6 hours are non-refundable.

If the therapist is en route or has arrived at the location, the full service fee applies.

Special Conditions

Yacht services: 20% surcharge on the base rate.

Minimum service value: €120

Health & Liability Notice

Please notify your therapist of any medical conditions, allergies, or pregnancy before your treatment begins.

Servicios de bienestar de lujo a domicilio en su villa, yate u hotel en Ibiza.

Horario de Servicio

Horario estándar: 9:00 AM – 9:00 PM

Servicios de madrugada y noche (7:00 AM – 9:00 AM / 9:00 PM – 12:00 AM): 30% de recargo.

Después de medianoche: los servicios se facturan con tarifa doble.

Reservas

Julio y Agosto: se requiere el pago completo para garantizar la reserva.

Resto del año: se requiere un depósito del 50%.

Todas las reservas deben garantizarse con una tarjeta de crédito válida.

Llegada y Tiempo de Espera Nuestros terapeutas altamente cualificados llegarán aproximadamente 15 minutos antes de la hora acordada para garantizar una experiencia de servicio fluida y puntual.

A partir de 20 minutos de retraso: se aplicará un cargo extra equivalente a 30 minutos de servicio.

A partir de 45 minutos de retraso: se cobrará el servicio completo.

Política de Cancelación

Julio y Agosto: las cancelaciones con menos de 72 horas se cobran en su totalidad.

Resto del año: las cancelaciones con menos de 24 horas se cobran en su totalidad.

Reservas en el mismo día: las cancelaciones con menos de 6 horas de antelación no son reembolsables.

Si el terapeuta está en camino o ha llegado al lugar de la cita, se aplicará el cargo del servicio completo.

Condiciones Especiales

Servicios en yates: 20% de recargo sobre la tarifa base.

Valor mínimo de servicio: 120 €

Aviso de Salud y Responsabilidad

Por favor, informe a su terapeuta sobre cualquier condición médica, alergia o embarazo antes de comenzar el tratamiento.

Agradecemos su comprensión, ya que nuestro tiempo y equipo se reservan cuidadosamente para ofrecer una experiencia excepcional.

